

Thank You

The Aldridge Family would like to thank you for your kind expression of sympathy on our recent loss of Margaret Aldridge (Mother).

Our family deeply appreciates all those who were pallbearers, sent flowers or sympathy cards, donated personal services, called with the kindest words and thought of us on those days.

A special thank you to Ben Davis Funeral Home, Pastor Dave Curry and the Mount Olive Baptist Church as well as Providence Baptist Church.

Your thoughts and efforts were greatly appreciated.

Yours Sincerely,
The Aldridge Family

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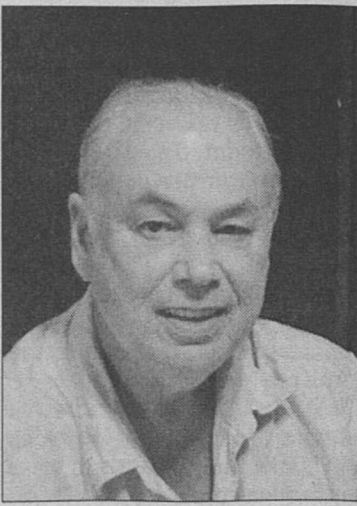
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Swine Flu Prevention and Treatment

The "swine flu" outbreak that started in the spring of 2009 is caused by a specific H1N1 influenza A virus that is comprised of two swine strains, one human strain, and one avian influenza strain. This influenza virus can be transmitted from person to person. Infected persons are likely to be contagious for at least 7 days after symptoms begin, and possibly longer in children, the elderly, and persons with chronic conditions. The most common signs and symptoms of the 2009 H1N1 influenza A virus include fever, cough, sore throat, and headache. Symptoms may range from mild to severe, possibly requiring hospitalization.

A vaccine to prevent pandemic H1N1 influenza A infection is planned and should become available early to mid-October 2009. Pregnant women, caregivers of children less than 6 months of age, healthcare workers, and persons between 6 months to 24 years of age are particularly recommended to receive vaccination. Oseltamivir (Tamiflu) and zanamivir (Relenza) are antiviral neuraminidase inhibitor medications. Antivirals should be started as soon as possible after the appearance of influenza symptoms. If persons infected with H1N1 influenza A develop pneumonia, antibacterial medications may be prescribed.

Obituaries



Laura Foster Reed

Mrs. Laura Foster Reed, 84, passed Saturday, October 4.

Born in Norfolk, VA she was the daughter of the late Howitt Hodge Foster and Minnie Rodwell Foster.

Mrs. Reed was a graduate of the University of North Carolina at Greensboro where she received a B.A. degree in Home Economics with a minor in Art.

She retired from the Gaston County Department of Social Services where she served as the Assistant Director of Meals on Wheels.

She was a member of New Hope Baptist Church.

Mrs. Reed was involved in numerous community activities including the Garden Club, the Optimisses Club, the West Gastonia Boys and Girls Club, and the NC Home Extension Program at the Lucille Tatum Extension Center.

A former member of First Baptist Church, Mrs. Reed was active in the Women's Missionary Society.

Energetic and loquacious, she was loved by her family where mealtimes were always preceded by a cacophony of her improvised pan serenade.

Survivors include her husband of 62 years, Dr. Jim Reed; children and spouses, Jim, Jr. and Marianne Reed of Tallahassee, Florida, Pamela Ingraham of Shelbyville, TN, and Minnie and Tom Braverman of Hillsborough; sister, Priscilla Foster Cale and husband, Jack of Mechanicsville, Virginia.

Known affectionately as Gran-nie La La, she is also survived by her grandchildren and spouses, Thomas and Evangeline Reddick of Columbia, SC, Robert and Emily Wirth of Pittsboro, Josh and Virginia Sturdevant of Columbia, SC, Steven Braverman and fiancée, Nicole Carbone of Cary, Michael Braverman and Phillip Braverman, both of Hillsborough; great-grandchildren, Caroline, Aryana, Tommy, Anna, and Kaitlyn; and a number of nieces and nephews.

A memorial service celebrating the life of Mrs. Reed was held at 3 p.m. Sunday, October 11 at New Hope Baptist Church in Gastonia with the Rev. Dr. Ned Buckner and Chaplain Martha Baker officiating.

The family received friends following the service in the church fellowship hall.

In lieu of flowers, memorial contributions may be made to the Boys and Girls Club of Greater Gaston, 310 S Boyd Street, Gastonia, NC 28052 or New Hope Baptist Church, 2024 Redbud Drive, Gastonia, NC 28056.

Condolences may be sent online to www.mcleanfuneral.com

Arrangements were under the direction of McLean Funeral Directors of Gastonia.

Sympathy is extended to the family in their loss.



Thanks!

We wanted to thank all the riders that participated in the 2nd Annual Wharton County All-Stars Olympic Team Benefit Run last Saturday, October 3. They battled the weather for a outstanding record breaking total of funds raised. Thanks go out to the contributors and donors of the items for the live and silent auctions. Thanks also go out to R&J Entertainment for providing the entertainment throughout the evening, Lisa and Gary Dybala event organizers, the staff of the Little Things That Count, the staff and owners of the stops of the route, Nada Store, Ms. Molly's, J's Treehouse, Feedlot and Sunnyside Saloon. We would also like to thank the auctioneer Kris Wallace and KILT 100 for their support.

Great Job.

Karen and Sheldon Holub • Sunnyside Saloon El Campo

Extension Service Offering Scholarship, Financial Workshop

The Texas AgriLife Extension Service Youth Advisory Board of Colorado County is sponsoring a "Scholarship & Financial Aid Workshop" on Monday, October 26, at 6:30 p.m. at the Weimar Elementary School Cafetorium.

The workshop is open to all high school youth and their parents.

The guest speaker is Roy Lopez from the Financial Aid Department at Texas A&M University.

The Texas A&M University, U.S. Department and the County

Commissioners Courts of Texas Cooperating.

Educational programs conducted by the Texas AgriLife Extension Service serve people of all ages regardless of socioeconomic level, race, color, sex, religion, handicap, or national origin. Individuals with disabilities who require an auxiliary aid, service or accommodation in order to participate in any Extension

Activities, are encouraged to contact the county Extension Office for assistance 10 days prior to the activity.

Fresh Air May Relieve Newborn's Colic

There are no miracle drugs to treat it, but relief for a baby's colic could be as close as the mother's front door.

"Babies like to be outside, especially in the evening hours," says Dr. Jill Mallory, a family-medicine physician who is completing an integrative-medicine fellowship at UW Health.

"There are countries of the world where every evening after suppertime, all mothers are outside walking their babies.

It's almost as if they know culturally that this is what keeps babies happy and prevents colic."

Colic is defined as a baby crying for more than three hours a day, several days a week for at least three weeks.

Another remedy for a baby's colic may simply be closeness to the mother.

"It often helps if the mother puts the baby into a sling or carrier and keeps the infant close to her body," says Mallory.

Mallory says while the cause is unknown, some evidence points to abdominal bloating and gas.

In those cases, she will recommend probiotics, which are dietary supplements composed of microorganisms that relieve

gastrointestinal maladies.

Probiotics can be found in foods such as yogurt, milk and soy beverages, or over the counter in powder or liquid form.

Some doctors may recommend chamomile, an herbal tea.

However, Mallory does not advocate using medications to curb colic.

"I can't think of any reason to prescribe drugs for colic," says Mallory.

"It does not mean anything is wrong with your baby. Unless the baby is having pain, fever or stops gaining weight, there is probably no reason to be alarmed.

If the baby is just crying and check-ups with your doctor are normal, it's plain old colic.

There are no drugs to cure it, and you should continue to breast-feed your baby."

Mallory adds that colic usually subsides when the infant reaches three to six months old.

By that time, they are more adjusted to breast feeding, sleeping better, and are more adjusted to their new environment.

"Check with your doctor first," says Mallory. "If it's colic, I always have to tell moms to wait a few months. Things will get better."

New Arrivals



Emily Shaila Holguin

Altagracia Guillen and Gorge Holguin are pleased to announce the birth of their child, a daughter, born on October 7 at 12:27 a.m. at the Rice Medical Center in Eagle Lake.

Emily Shaila weighed six pounds, four ounces and measured 19 inches.

She was welcomed home by big brother, Gorge Daniel Holguin who's two.

Maternal grandparents are Jose G. Guillen and Sabina Guillen of Luling.

Paternal grandparents are Everardo Holguin and Dora Holguin of Eagle Lake.

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GREATER RISING STAR BAPTIST CHURCH: 580 Old Altair Road, Eagle Lake; Rev. Truman Scott Sr., Pastor; 234-2423 or 758-3745.
GREATER UNION BAPTIST CHURCH: Matthews Community; Co. Rd 141; Rev. Lawrence C. Robertson, Pastor; 234-2581.
MT. CARMEL MISSIONARY BAPTIST CHURCH: Hwy. 90-A (Pecan Valley), Eagle Lake; Rev. H.O. Williams, Pastor; 234-5813.
LIVING HOPE CHURCH: Eagle Lake; Revs. Joe and Mercy Fling; 234-5536.
BEREA CLADIC: 623 Maple Avenue, Eagle Lake; 234-2130.
ROCK ISLAND FULL GOSPEL: P.O. Box 232, Rock Island; 234-5840.
CHRISTIAN CITY FELLOWSHIP: 1140 Meyer, Sealy; Rusty Griffin, Pastor.
THE DAY OF PENTECOST APOSTOLISTIC REVIVAL RISING STAR: FM 102 South, Matthews; 4 p.m. (at Mt. Zion), Rev. R.L. Carter Sr. Spears, Pastor; 979-478-2169.
EAST BERNARD FIRST BAPTIST
FIRST BAPTIST: 527 N. Lake, Eagle Lake; Rev. Kevin Collison, Pastor; 234-2571.
FRIENDSHIP BAPTIST: 405 S. Lake, Eagle Lake; 234-5795.
IGLESIA BAUTISTA GETSEMANI: 901 B Street, Eagle Lake; Rev. Mario Vasquez.
GREATER MT. OLIVE BAPTIST: Rev. Dave Curry; 709 N. Lake, Eagle Lake; 234-3545.
WRIGHT GROVE BAPTIST: Rev. T.J. Cunningham Jr.; Altair.
PROVIDENCE BAPTIST: 1207 Seaholm, Eagle Lake; Rev. Coby Shorter Jr.; 234-3735.
CHRIST EPISCOPAL CHURCH: 306 E. Stockbridge, Eagle Lake; 234-3437.
ROCK ISLAND BAPTIST: Bob Allison, Pastor.
SHERIDAN FIRST BAPTIST: FM 2437, 234-3136.
WHITE CLOUD BAPTIST CHURCH: 202 Old Altair Road, Eagle Lake; Rev. Obie Rhodes, Pastor; 234-3800.
JESUS IS MY REFUGE: 115 N. McCarty, Eagle Lake; Rev. Diana Aguilera.

CHURCH OF CHRIST: Sheridan.
NEW LIFE FELLOWSHIP: Hwy. 90A, Sheridan; Del Sanford, Pastor; 234-3276.
CHRIST OUR REDEEMER-Charismatic: Jerry C. McKinney, Pastor; 979-478-7534 or 478-6512.
HOLY CROSS CATHOLIC CHURCH: East Bernard.
CATHOLIC PARISH OF THE NATIVITY: Our Lady of Perpetual Help Sanctuary; 308 N. Stevenson, Eagle Lake; 8 a.m. (Español), 10 a.m. (English) 6 p.m. Saturday (English), Rev. Robert F. Guerra, P.O. Box 307; 234-2842.
ST. MARY'S CATHOLIC CHURCH: Box 97, Nada; Fr. Joe Vrana; 758-3218.
GRACE LUTHERAN: 408 N. Stevenson, Eagle Lake; Services begin at 11 a.m.; Rev. Bill Mosley, Pastor; 234-3381.
LEHRER MEMORIAL UNITED METHODIST: Garwood; 9 a.m. worship.
LISSIE UNITED METHODIST: Rev. Janice Kerlee, Pastor; 234-2112, Lissie.
ROCK ISLAND METHODIST: Ken Sells Jr. Lay-Pastor.
UNITED METHODIST: 200 W. Prairie; Sunday School 9:30 a.m., Worship, 10:45 a.m.
FIRST PRESBYTERIAN: 106 E. State Street, Eagle Lake; 234-3368.
VINE OF THE LORD: 1300 E. State Street, Eagle Lake; Rev. Paul Aguilar, Pastor; 234-7543.
CROSSROAD ASSEMBLY OF GOD: 510 Wallace, East Bernard; Pastor George Kutach; 979-335-7706.
THE CHURCH OF CHRIST OF LATTER-DAY SAINTS: 600 W. St., Sealy; Marshall Crosby, Branch Pres.
CHURCH OF CHRIST: 815 Milam, Columbus; Lynn Wilson, Minister.
THE SHEPHERD'S WAY: Interdenomination Christian Fellowship; 1225 Eagle Lake Road, Sealy, Frank Lucas, Pastor; 979-885-1225.
SOUTH POINT BAPTIST CHURCH: 6407 Hwy 71-S, Garwood; 979-758-3039.
BIBLE TRUTH APOSTOLIC CHURCH: Corner of S. Wharton & E. First St., El Campo; Pastor Larry T. Smith; 979-543-2331-non-denominational.
MT. SINAI EVANGELICAL MINISTRIES: 510 Prairie St., Eagle Lake, Rev. Thomas E. Kuykendall, pastor/founder. 979-234-3259

Bible Verse of The Week

"Blessed are they whose transgressions are forgiven, whose sins are covered. Blessed is the man whose sin the Lord will never count against him.

Romans 4:7-8

Submitted by Donna Samora

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